



AUSTRALIAN JUNIOR EXCELLENCE PROGRAM (JX) 2006-07 CRITERIA & QUALIFYING TIMES

Events recognised under the JX are listed on the attached table.

9 and 10 year-olds

Green standard	At least 1 Tier 4 time in any of the specified events
Bronze standard	At least 1 Tier 3 time in any of the specified events
Silver standard	At least 1 Tier 2 time in any of the specified events
Gold standard	At least 1 Tier 1 time in any of the specified events
Gold Star standard	At least 1 Tier 1 time in 3 or more of the specified events

Times will be recognised from both short course and long course events.

11-13 year-olds

Green standard	At least 1 Tier 4 time in any of the specified events
Bronze standard	At least 1 Tier 3 time in any of the specified events
Silver standard	At least 1 Tier 2 or Tier 1 time in any of the specified events
Gold standard	At least 1 Tier 1 time in 2 or more of the specified events

Times will be recognised from long course events only.

(Please note that where a child turns 11 years of age during the season and records times as both a 10 year-old and an 11 year-old, he/she will receive either a cap **or** a T shirt (not both), depending on the highest standard achieved in either of those age groups – i.e. gold, silver or bronze



GIRLS 2006-07 JX QUALIFYING TIMES

	9 Years				10 Years				11 Years				12 Years				13 Years			
	Tier 1	Tier 2	Tier 3	Tier 4	Tier 1	Tier 2	Tier 3	Tier 4	Tier 1	Tier 2	Tier 3	Tier 4	Tier 1	Tier 2	Tier 3	Tier 4	Tier 1	Tier 2	Tier 3	Tier 4
50 FS	36.00	39.00	42.00	46.00	34.00	35.00	36.00	39.00	32.50	33.50	35.00	38.00	31.50	32.50	33.00	36.00	30.00	31.00	32.00	35.00
100 FS									01:10.00	01:13.00	01:16.00	01:24.00	01:07.00	01:09.00	01:12.00	01:19.00	01:05.00	01:07.00	01:10.00	01:17.00
200 FS													02:22.00	02:25.00	02:30.00	02:45.00	02:18.00	02:21.00	02:26.00	02:41.00
400 FS													04:55.00	05:02.00	05:12.00	05:43.00	04:45.00	04:52.00	05:02.00	05:32.00
800 FS																	09:43.00	09:58.00	10:20.00	11:22.00
50 BK	43.00	46.00	50.00	55.00	40.00	42.00	45.00	49.00	39.00	41.00	42.00	46.00	38.00	40.00	41.00	45.00	36.00	38.00	40.00	44.00
100 BK									01:20.00	01:23.00	01:27.00	01:36.00	01:19.00	01:21.00	01:24.00	01:32.00	01:15.00	01:18.00	01:22.00	01:30.00
200 BK													02:42.00	02:46.00	02:52.00	03:09.00	02:35.00	02:39.00	02:46.00	03:03.00
50 BRS	48.00	52.00	55.00	01:00.00	45.00	48.00	51.00	56.00	44.00	47.00	48.00	52.00	42.00	44.00	46.00	50.00	41.00	42.00	44.00	48.00
100 BRS									01:32.00	01:36.00	01:40.00	01:50.00	01:29.00	01:32.00	01:36.00	01:46.00	01:25.00	01:28.00	01:31.00	01:40.00
200 BRS													02:57.00	03:06.00	03:16.00	03:36.00	02:53.00	02:58.00	03:05.00	03:23.00
50 BF	41.00	45.00	51.00	56.00	38.00	41.00	45.00	49.00	37.00	40.00	42.00	46.00	35.50	37.00	38.00	41.00	34.00	35.00	37.00	40.00
100 BF									01:19.00	01:23.00	01:28.00	01:37.00	01:16.00	01:20.00	01:25.00	01:33.00	01:12.00	01:15.00	01:20.00	01:28.00
200 BF													02:39.00	02:46.00	02:54.00	03:11.00	02:33.00	02:39.00	02:46.00	03:03.00
200 IM	03:25.00	03:35.00	03:45.00	04:07.00	03:05.00	03:15.00	03:25.00	03:40.00	02:47.00	02:53.00	03:00.00	03:18.00	02:42.00	02:45.00	02:50.00	03:07.00	02:36.00	02:40.00	02:45.00	03:01.00
400 IM																	05:20.00	05:38.00	05:55.00	06:30.00

BOYS 2006-07 JX QUALIFYING TIMES

	9 Years				10 Years				11 Years				12 Years				13 Years			
	Tier 1	Tier 2	Tier 3	Tier 4	Tier 1	Tier 2	Tier 3	Tier 4	Tier 1	Tier 2	Tier 3	Tier 4	Tier 1	Tier 2	Tier 3	Tier 4	Tier 1	Tier 2	Tier 3	Tier 4
50 FS	36.00	39.00	42.00	46.00	34.00	35.00	36.00	39.00	32.50	33.50	35.00	38.00	31.00	32.00	33.00	36.00	30.00	31.00	32.00	35.00
100 FS									01:10.00	01:13.00	01:16.00	01:24.00	01:06.00	01:08.00	01:12.00	01:19.00	01:02.00	01:04.00	01:08.00	01:15.00
200 FS													02:21.00	02:24.00	02:30.00	02:45.00	02:13.00	02:17.00	02:22.00	02:36.00
400 FS													04:55.00	05:02.00	05:12.00	05:43.00	04:43.00	04:50.00	05:00.00	05:30.00
1500 FS																	17:00.00	17:45.00	18:40.00	20:32.00
50 BK	43.00	46.00	50.00	55.00	40.00	42.00	45.00	49.00	38.00	41.00	42.00	46.00	37.00	39.00	41.00	45.00	35.00	38.00	40.00	44.00
100 BK									01:20.00	01:23.00	01:27.00	01:36.00	01:18.00	01:20.00	01:24.00	01:32.00	01:14.00	01:16.00	01:18.00	01:26.00
200 BK													02:41.00	02:46.00	02:52.00	03:09.00	02:26.00	02:32.00	02:40.00	02:56.00
50 BRS	48.00	52.00	55.00	01:00.00	45.00	48.00	51.00	56.00	44.00	47.00	49.00	53.00	42.00	44.00	46.00	50.00	39.00	41.00	44.00	48.00
100 BRS									01:32.00	01:36.00	01:40.00	01:50.00	01:27.00	01:31.00	01:36.00	01:46.00	01:21.00	01:24.00	01:28.00	01:37.00
200 BRS													02:58.00	03:06.00	03:16.00	03:36.00	02:51.00	02:56.00	03:00.00	03:18.00
50 BF	41.00	45.00	51.00	56.00	38.00	41.00	45.00	49.00	36.00	40.00	42.00	46.00	34.00	36.00	38.00	41.00	32.00	35.00	37.00	40.00
100 BF									01:19.00	01:23.00	01:28.00	01:37.00	01:14.00	01:19.00	01:25.00	01:33.00	01:09.00	01:12.00	01:16.00	01:24.00
200 BF													02:38.00	02:45.00	02:54.00	03:11.00	02:28.00	02:34.00	02:42.00	02:58.00
200 IM	03:25.00	03:35.00	03:45.00	04:07.00	03:05.00	03:15.00	03:25.00	03:40.00	02:47.00	02:53.00	03:00.00	03:18.00	02:38.00	02:43.00	02:50.00	03:07.00	02:33.00	02:37.00	02:42.00	02:58.00
400 IM																	05:15.00	05:26.00	05:40.00	06:14.00